



Stiff goldenrod is just one form of goldenrod at Meadowbrook Park. It grows to a height of one to five feet and blooms in late summer. Because it blooms at the same time as many wind dispersed pollen species that cause allergies, goldenrod is often mistaken to be a cause for hay fever. However, it depends upon insects to disperse its pollen rather than the wind. The flowers attract many kinds of insects, including bees, wasps, flies, butterflies, and beetles. Monarch butterflies are especially attracted to the flowers.

Caption
Stiff Goldenrod
Oligoneuron rigidum (formerly *Solidago rigida*)

For more information:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=f610>

http://www.illinoiswildflowers.info/prairie/plantx/stf_goldenrodx.htm

https://www.wildflower.org/plants/result.php?id_plant=OLRIR